May 30, 2024

Good morning! It's Micah from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know today is A Hole in My Bucket Day? This day is all about the classic children's song that reminds us about problem-solving and working together. It's a fun way to think about how we can fix small problems before they become big ones.

As the song goes, "There's a hole in my bucket, dear Liza, dear Liza." Let's use today to remember that we all have the tools to solve our problems, and sometimes we just need a little help from our friends.

Today is also an exciting day for the 7<sup>th</sup> grade as they head out for their Field Day! We hope you all have a fantastic time filled with fun games, great memories, and lots of laughter to share.

Thanks for listening have a Tackle Problems Together Thursday

## SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

