

June 9, 2025

Rise and shine, I.S.201! This is William of class 752 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Today is June 9th, which means we are moving even closer to the end of the school year! As we are getting closer to summer break, we are on our path to warmer weather, more free time, and more time to focus on ourselves! From this, try to consider how you could focus on yourself this summer and enjoy your break to the maximum! For example, think of things you've always wanted to do but never had the time to. Maybe you want to practice a sport or instrument more, or maybe you want to hangout with your friends and family more. Whatever you wish to do, think of how you could execute it and live your life this summer to the fullest!

Thanks for listening and have a Maximize Your Day Monday 😊

Affirmation of the Day: I focus on my growth and healing.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

