Good morning! It's Katie Chan from 731 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Did you know that today is National Sewing Machine Day, a day to celebrate the invention that revolutionized the world of fashion and craftsmanship. Did you know that the first practical sewing machine was invented by Elias Howe in 1846? His revolutionary invention made sewing faster and more efficient, paving the way for the clothing industry we know today.

As we celebrate this day, let's remember the importance of creativity and patience in our lives. Just like sewing, building, and maintaining friendships require time, effort, and a bit of creativity. As Elias Howe once said, "The sewing machine joins fabric, but it's the thread that binds." In the same way, let our actions of kindness and understanding be the thread that strengthens our relationships.

Thanks for listening have a Threading Together Friendships
Thursday

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

