

October 28, 2024

Rise and shine, I.S.201! I'm William Chen from class 752 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Today is October 28th, also known as National First Responders Day! On this day we recognize the heroic men and women who put their lives at risk to take action during catastrophic events. 9/11 is a prime example to demonstrate the bravery of first responders; when firefighters, police officers, paramedics, EMTs, and more put their lives on the line in order to save the lives of others.

Whether you've actually experienced an event involving a first responder or not, you can see how dangerous their work is and how sympathetic they are to be involved in such extreme measures. My point is, appreciate the people who serve you and your community, and be someone useful. As Albert Einstein once said, "Strive not to be a success, but rather to be of value." This quote means that instead of focusing on success and being known, focus on things that actually help impact the lives of others for the greater good.

Affirmation of the Day: I am proud of my efforts.

Thanks for listening and have a Make a Difference Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team
Positivity is our dream
We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings
No stone left unturned; no person left behind
Every member of our team has the power to be kind
We spread kindness to our friends, families, and those who need a smile
When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

