Good morning, I.S.201! I'm Emily from 851, and I'm here on behalf of the S.E.A.L. Team for this Thoughtful Thursday.

Do you have any siblings? If so, you know that they can either be your #1 best friend or your #1 worst enemy. There can be scenarios where they'll have competition with you: "Wow, did you get a lower score than me? When I had Ms. Gomez, I got 100 on her test." There can also be scenarios where they'll teach you instead of having fierce competition with you: "Actually, πr^2 is the area of a circle, not the circumference of a circle." Despite this, we should love our siblings no matter what. They'll still be there to support you, entertain you, or teach you something new. With this, today is National Siblings Day, and to lighten up your siblings, here are some things you can do with/for them:

1. Offer to do one of their chores: You're probably asking yourself, why shouldn't they do that for me? But hey, it's just another way of showing your kindness regardless if you're doing an extra chore.

- 2. Watch a movie together: You might be all grown up, or they might all be grown up. So, to reconnect memories with each other, you all can watch a childhood movie together!
- 3. Look through old photos: By doing this, you can laugh at yourself while also laughing at your siblings.
- 4. Write a letter: This is a way of showing your most heartfelt, personalness to your sibling and how much you appreciate them.

There are many other things you can do to lighten up your sibling's day, but these are just the few you can do (without research since I've recently told you guys). As Marc Brown once said, "Sometimes being a brother is even better than being a superhero."

Thank you for listening and have a True Sibling Love Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

