

March 10, 2026

Good Morning, I.S.201! This is Amelia of class 731 speaking to you for today's Talk A lot Tuesday on behalf of the S.E.A.L Team!

Here's a quote to start the day:

"The best way to predict your future is to create it." - Abraham Lincoln

Remember that every choice you make today helps shape who you become tomorrow. Work hard, be kind to one another, and make today a great day to learn something new.

Like Albert Einstein, the affirmation of the day is, "I know that mistakes help me grow."

Thanks for listening and have a Trailblazer Tuesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team
Positivity is our dream
We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings
So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

