

October 19, 2023

Good morning! It's Jason from 752 and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is a special day—it's "Make a New Friend Day." It's a day that reminds us of the beauty and challenges of forming new connections. It's common for many people to feel a bit lost when trying to make new friends. If you see someone alone, think of this saying: "Every friend was once a stranger." Try to say hi. And who knows the two of you could become great friends.

In the spirit of today, we encourage everyone to reach out, be kind, and make someone's day a little brighter. Whether it's lending a pencil, sharing your notes, or simply saying hello, small gestures can lead to lasting friendships. As the great C.S. Lewis once said, "Friendship is born at that moment when one person says to another, 'What! You too? I thought I was the only one.'" Let's make today a day full of those moments.

Thanks for listening have a Try to Say Hi Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

