

February 14, 2025

Good morning I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

To be academically successful, students need to achieve good grades. To achieve good grades, they need to study hard and pay careful attention in class. However, this is often not the case. As a result, problems come up while doing homework, and one event leads to another.

So how can we fix this problem? Well, first things first, when taking on a challenge, working on a task, or listening to a lesson, it is extremely important to focus so you can fully understand. Not doing so can cause students to struggle on the topic, leading to poor grades.

So, take this as your reminder to work hard and focus on your current task, whether it's doing classwork, homework, or listening to a lecture. If this is done every day, your hard work will eventually pay off.

The affirmation of the day is: "I am focused on the present moment and tasks at hand."

Thanks for listening and have a be Focused Friday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

