

February 12, 2026

Good Morning I.S.201! My name is Amelia from class 731, and I am here for the Thoughtful Thursday on behalf of the S.E.A.L team

Valentine's Day is coming up, and it's a time to celebrate love, friendship, and kindness. Even though it's often associated with candy and cards, Valentine's Day is really about showing appreciation for the people around us.

A lesson we can learn is that small acts of kindness like including others, giving compliments, or helping a friend can make a big difference. As Valentine's Day approaches, let's remember to spread positivity and be kind to one another every day.

Like Frederick Douglass, today's affirmation is: "I believe in fairness for all people."

Thank you for listening and have a Two Hearts as One Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

