Good morning, I.S. 201! I'm Venice from 851, here on behalf of the SEAL team for this Thoughtful Thursday.

Today is International Volunteer Day, a special day to help others without expecting anything in return. At school, you can volunteer by picking up trash, helping a classmate, or even holding the door for someone. Outside of school, you can help the elderly, volunteer at shelters, or do something simple like raking leaves for a neighbor.

Volunteering isn't just about helping others—it can also show that you care about making a difference. But most importantly, volunteering is about kindness and making the world a better place.

As Mahatma Gandhi said, "The best way to find yourself is to lose yourself in the service of others."

So, let's not just wait for others to step up. Let's be the ones who make a positive impact today!

Thanks for listening, and let's have a Take-Action Thursday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

