Good morning, I.S.201! I'm Emily from 851, and I'm here for Talk a Lot Tuesday on behalf of the S.E.A.L. Team.

We all want to be loved. And what can be more loving than appreciating the achievements of your grandmother? Today is Grandmother Achievement Day, and I want all of you guys out there to do something amazing for your grandmother. Can't think? Well, don't worry! I have a few plans that both you and your grandmother can do on this wholesome day.

- Cooking: Is your grandmother the one typically cooking food for the household? Whether she is or not, you should be the one to go up and impress your grandmother. I personally would cook up my grandmother's favorite dim sum tamales.
- Family History: What better way to map out your family's history today? You'd never know what'll happen once you start talking to your grandmother about her early life and possibly, famous family relatives!
- Teaching her Technology: Look, that might sound weird, but these days, our grandparents, and moreover specifically about our grandmothers

(since that's what we're talking about), don't know their way around technology. So, when your grandmother is on her phone, perhaps you should go to her and teach her some technology!

As Confucius once said, "Respect for the elderly is a duty that should be as natural as breathing."

Thank you for listening and have a Traditional Tuesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

