

January 13, 2025

Rise and shine, I.S.201! This is William Chen of class 752 here speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

Today is January 13th, which is also National Clean Your Desk day! Did you know that the average work desk can be up to 100 times filthier than a kitchen table. Gross, right? This is why it is important to clean your desk. Whether you're in school or at home, try to have a clean and organized workspace. According to a survey conducted by the company Staples, 94 percent of employees recorded that they felt more productive with a clean workspace, and 77 percent of them producing higher quality work. Having a clean desk also allows you to feel more relaxed as everything is more organized and less chaotic. Take this as your cue to clean your work environment today and might even help you become more focused and productive on your work.

Thanks for listening and have a Meticulous Monday!

Affirmation of the Day: I choose to focus on the good in every situation.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

