Good morning, I.S 201! This is Nicole from class 851 here for Talk a Lot Tuesday on behalf of the S.E.A.L. Team.

Every May 28, World Hunger Day is observed in order to raise awareness and inspire action on behalf of the over 820 million people around the world who don't have enough food to eat. It's an opportunity for everybody around the world to play their part in ending world hunger for good.

World Hunger Day focuses on making this issue known as well as encouraging meaningful action against it. It serves as a call for action and a motivation for people around the world to contribute in any way they can to reducing hunger and starvation. Additionally, undernourishment, a result from hunger, is a leading cause of death and disability globally. By driving efforts to deal with world hunger issues, World Hunger Day contributes to a significant improvement in global health.

What actions can we take to act on World Hunger Day? Donating is one option. Start or participate in fundraisers to provide aid to people in need. You don't only have to donate money. Find ways to donate food as well, such as through food assistance programs. You can also build supportive communities that empower and raise awareness. Do research about world hunger and post on social media or spread the word so others can do the same.

World hunger is a significant and scary issue, but with small steps, we can do our best to help others in times of need.

Thanks for listening and have a Tackle Hunger Tuesday!

SEAL Team pledge:

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

