

October 1, 2024

Good morning, I.S. 201! I'm Celine from 814, and I'm here on behalf of the S.E.A.L Team for S.E.A.L Summary Friday. A big welcome to our new 6th graders! As you begin your journey here at Madeleine Brennan School, we are excited to share what the SEAL Team is all about.

SEAL stands for Social Emotional Awareness Leadership Team. Our mission is to spread positivity and support throughout our community. Being a SEAL means developing strong social skills to build relationships, emotional skills to manage feelings and stress, awareness to understand how we impact others, and leadership to inspire positivity. By using these skills, we aim to identify problems and help others feel happy and supported.

This year is particularly special as we celebrate the 100th year of our school! Even with our new name, we want to continue the legacy of success that has been built here. Together, we can do amazing things to ensure that everyone has a joyful and fulfilling experience at our school.

We're also excited to announce our Mending Hearts Calendar this year, designed to help you cope with negative feelings by focusing on a different negative word each month and transforming it into a positive affirmation. It's a great tool for anyone looking to turn challenges into growth. Plus, keep an eye out for our monthly newsletters, both of which will be posted on your grade hubs to keep you updated on events and ways to stay positive.

Thanks for listening have a Fabulous Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

