

June 12, 2023

Good morning IS 201! It's Elly from class 751 speaking on behalf of the SEAL Team on this Motivational Monday.

With 11 days left until the last day of school, I want to share with you a message that you'll benefit from for the summer. Summer break- it's always the best time of the year filled with barbecues, vacations, and trips to the beach. But let's not let that be the reason we lose all the skills we've learned this school year. Commonly known as the "Summer Slide", students tend to be too engaged in all the relaxing summer activities and forget about the academic proficiencies. Don't just let the summer take advantage of you, let you take advantage of this summer and transform into the person you want to be for the new school year! Take July and August off while refreshing all the skills you were taught. Summer is the perfect time of the year to reset and prepare yourself for the next half of the year. The author of *The Glass Castle*, Jeannette Walls once said, "One benefit of summer was that each day we had more light to read." Not only do we actually have longer days, but we also can enjoy the bright sun's embrace the whole summer. You don't have to cram practice questions. In fact, just by reading a little each day actually

makes you more intelligent. So, what are you waiting for? Grab your sunglasses and a book and avoid the Summer Slide!

Thanks for listening and have Mindful Monday ☺

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

