

November 15, 2024

Good morning I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

Did you know that every two hours, a new word is added to the dictionary? Today is I Love to Write day, a day started by the author John Riddle, who wanted everyone to set aside a day to enjoy just how amazing and magical it is to be able to express your feelings through pencil and paper.

Writing comes in so many different forms, whether it's fictional, non fictional, sci-fi, or even fantasy. Not only that, but instead of just writing novels all the time, authors often write short stories, articles, and poems as well.

Sure, you can type on a computer, or simply use your words, but writing really is the best way to express your feelings. Talking can be awkward at times, and you can only type if you have a device, which might not be the case for everyone. But writing is always available. Not only that, but it can be really beneficial. Start now by simply bringing a small notebook and pencil everywhere with you. Jot down things that you notice. Write

down what's going on in your head. By doing this, you can learn about so many things that you might not have acknowledged before.

Thanks for listening and have a Find your Flow Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

