

April 20, 2026

Rise and shine, I.S.201! This is William Chen of class 852 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team!

Today is Volunteer Recognition Day, which falls annually on April 20th. As the name suggests, Volunteer Recognition Day is a day to honor and recognize the ones who selflessly dedicate their lives into helping others, and volunteering is nothing easy. Volunteer work requires time, energy, and effort while expecting nothing in return. Regardless of this, volunteering can bring about positive change, provide necessary support, and promote community involvement. We all have something to offer; whether you think it's important or not, all of us have unique traits and talents that allow us to contribute. Volunteering also helps us nurture a sense of community; to help others and to foster growth. Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others." So, on this Volunteer Recognition Day, take a moment to show gratitude to those who participate in helping our lives and communities, as well as consider how you can help one another.

Like Leonardo da Vinci, the affirmation of the day is, “I believe in asking questions.”

Thank you for listening and have a Make Contribution Monday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

