

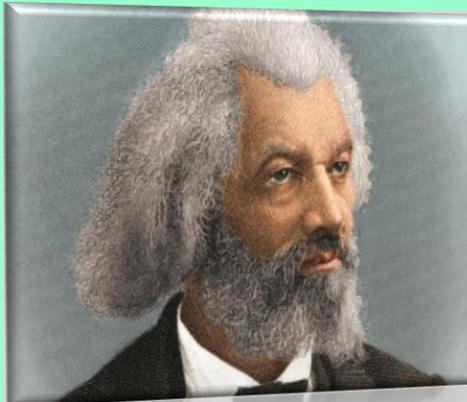


February 2026



I SPEAK OUT FOR JUSTICE AND I...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Use my voice to stand up for what is right.	2 Believe everyone deserves freedom and respect.	3 Am brave, even when speaking up is hard.	4 Learn from the past to make the future better.	5 Use knowledge as a tool for change.	6 Believe that every person should be treated equally.	7 Speak with truth and strength.
8 Help others by sharing what I know.	9 Matter.	10 Can create change by using my voice.	11 Read and learn so I can grow.	12 Believe in fairness for all people.	13 Treat everyone with dignity and kindness.	14 Never give up on justice.
15 Show courage through my words and actions.	16 Use my mind and heart to make a difference.	17 Believe in the power of education.	18 Believe that all people deserve equal rights.	19 Am proud of who I am and where I come from.	20 Use my strengths to help others.	21 Speak out when something is unfair.
22 Believe freedom is a right for all.	23 Help others find their voice.	24 Act with courage and compassion.	25 Treat others with the respect they deserve.	26 Believe my words can change the world.	27 Believe that hope is stronger than fear.	28 Choose to do what's right, not what's easy.



Frederick Douglass (February 14, 1818)

Frederick Douglass was a brave leader who escaped slavery and became a powerful speaker and writer for freedom and equality. He believed that education and truth could help change the world. His life reminds us to speak up for what is right and to never stop fighting for justice.