

May 26, 2023

Good morning, it's Rainie from the SEAL Team, back with you all for SEAL Summary Friday.

May is National Clean Air Month, an important time for us to reflect on the significance of clean air in our lives and the collective efforts we can undertake to ensure cleaner air for all. National Clean Air Month serves as a reminder that by prioritizing the well-being of our planet, we can create a greener and healthier world. Together, through dedicated actions, we can gradually transform our surroundings into a better place for future generations.

This month provides an opportunity to embrace steps that contribute to the eradication of pollution, emphasizing the crucial role of clean, breathable air in our daily lives. As we raise awareness about pollution, National Clean Air Month also acknowledges the progress already made in creating a more sustainable world. It is important to recognize that the air we breathe significantly impacts our health, both physically and mentally.

Poor air quality not only affects our physical well-being but also contributes to mental health challenges.

Let us unite in our commitment to preserving our Earth's greenery and promoting a healthier environment by spreading awareness about the effects of pollution. Together, we can take steps to ensure cleaner air for ourselves and future generations.

Thanks for listening and have a Fresh Breeze Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile