

February 6, 2025

Good morning IS 201! This is Celine from 814 and I'm here this Thoughtful Thursday on behalf of the SEAL Team.

Today is February 6th, Pay a Compliment Day! A small compliment can make a big difference in someone's day. Whether it's telling a friend they're kind, thanking a teacher for their hard work, or reminding yourself that you're doing great, kind words spread positivity. So, take a moment today to lift someone up with a compliment—it's free, easy, and makes the world a better place!

As we go on our day today, keep this quote in mind: "No act of kindness, no matter how small, is ever wasted." Let's make today and every day a little brighter with kindness.

Thanks for listening and have a Tell Someone You Care Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

