

January 17, 2024

Good morning, everyone! It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L Team.

January 17. The Day of Judgment. At first glance it might sound quite serious, or as some say, "the end of the world", but in reality it's just personal reflection. This day allows us to be our own judge. To recognize our mistakes, and to refrain from doing things that could bring harm to others.

Judgment Day is a time to remind us that we need to be kind and it's not just when you're with someone. "In the end, people will judge you anyway. So don't live your life impressing others. Live your life impressing yourself." Do things that you want to do, and not just for good impressions.

To celebrate this day, look at yourself in the mirror, take a glance and think about the choices you've made in the past or are going to make in the near future. Talk to yourself, reflect, think about the right and wrong things you've done. But whatever you do, don't stress over it. You might've decided that you made a wrong choice, but there's always room for change. Besides, it's only one out of millions of other choices that you've made.

Thanks for listening and have a We Can Make Good Decisions  
Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

