



The Knight's Table



Social Emotional Awareness Leadership



Est-2019



Our planet is an amazing place, full of beautiful landscapes, animals, and resources that we all depend on. But it's up to each one of us to protect and take care of the Earth. By understanding environmental awareness, we can see how our actions—big or small—affect the world around us. Personal and social responsibility are important because they remind us that what we do today shapes the world for tomorrow.

What is Environmental Awareness?

Environmental awareness means understanding how our actions impact the Earth. It includes learning about things like pollution, climate change, and the protection of wildlife. When we become aware of these issues, we can make smarter choices to protect our planet.

How Can We Make a Difference?

Each of us has a role to play in protecting the environment. Here are a few things we can do:

1.Reduce, Reuse, Recycle: These three Rs help us cut down on waste. By reusing things like water bottles, and recycling paper and plastic, we can make sure less trash ends up in landfills or the ocean.

2.Save Water: Water is precious! Turning off the faucet when brushing your teeth or taking shorter showers helps conserve water, which is essential for life.

3. Conserve Energy: Turning off lights when you leave a room or using energy-efficient appliances can help save electricity and reduce pollution from power plants.

4. Plant Trees: Trees are very important because they help clean the air by absorbing carbon dioxide and releasing oxygen. Planting trees in your backyard or in a community garden helps make the planet greener.

5. Pick Up Trash: Whether you're at school, at the park, or even walking down the street, picking up trash you see helps keep our surroundings clean and safe for wildlife.

Personal Responsibility: What You Can Do

Personal responsibility means that we, as individuals, have the power to make choices that help protect the environment. Here are some things you can do every day:

- Walk, bike, or take public transportation instead of driving a car.
- Choose products that are environmentally friendly, like reusable bags and water bottles.
- Learn about the environment and teach others how they can help, too.

Social Responsibility: Working Together

While personal responsibility is important, social responsibility means that we should also work together to make bigger changes. We can join groups, participate in local clean-up events, or support laws that protect the environment. By coming together, we can create a larger impact.

Conclusion

By being aware of how our actions affect the planet and taking responsibility for making good choices, we help protect the Earth for future generations. It starts with small steps, like saving water or picking up trash, but when everyone works together, we can make a big difference. Remember, Earth responsibility isn't just about taking care of nature—it's about taking care of each other, too!

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- Aila Kuka



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P Perseverance



As the school year gets closer to the end, it's easy to feel tired or distracted. The weather gets warmer, and summer break seems so close. However, this is the perfect time to practice perseverance. Perseverance means staying motivated and pushing through even when things get hard. It's about not giving up, even if you feel like taking a break. The last few weeks of school might feel challenging, but sticking with it will help you finish strong.

When you keep going even when you're tired or bored, you are building your perseverance. It helps to remember why you started and how important it is to finish what you started. Think about all the hard work you've put in so far. You've learned so much, and it would be a shame to stop now just because the end is in sight. Perseverance is like running a race — even when you feel tired, you push through to the finish line.

To stay motivated, break your tasks into smaller pieces. If you have a big project or exam coming up, don't look at it as one huge thing to do. Instead, think about each part and tackle them one step at a time. This will help you feel less overwhelmed and more focused. Remember that every small step counts and brings you closer to your goal.

Finally, when you keep persevering until the very end of the school year, you'll feel proud of yourself. You'll have finished strong and shown that you can face challenges head-on. The effort you put in during the final weeks will pay off, whether it's in grades, confidence, or simply knowing you gave your best. So, stay focused, stay positive, and finish the year with perseverance!

- Roccoluca Ferraro





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April 22 is national Earth day. Treating the earth with respect and kindness is important to do no matter what day it is. Respecting the Earth doesn't just teach us about environmental responsibilities, it can help with personal and social responsibilities too.

Personal responsibilities

come with knowing that you are responsible and mature enough to do something. Helping out the earth in the modern world is a huge responsibility, there are so many people in the world that do the opposite and pollute it. Saving the world doesn't mean having, it can start small and still have the same impact. Knowing that you are capable of this comes from your personal responsibilities, as you take on more responsibility you can grow and believe in yourself.

Social responsibility is

knowing how to be a friend and sticking up for others in tough situations. The same thing applies for the earth! We can connect how we treat our friends and family with respect and kindness to how we treat the earth. Things can only get better if we do something about it. Taking a stand for the earth and encouraging others to do so as well can make you a better person.

Taking care of the earth and making sure it's healthy is having environmental responsibilities. When you allow yourself to take time to appreciate the beautiful planet we have can make so much of a difference for everyone around you. Being environmentally responsible can teach us about how to be a good person, everyone has responsibilities, taking care of our earth and the space around us is one that we all share. Do what's right and join the fight to save our planet this April!!

- Riley Dubois

“To leave the world better than you found it, sometimes you have to pick up other people's trash.” –Bill Nye



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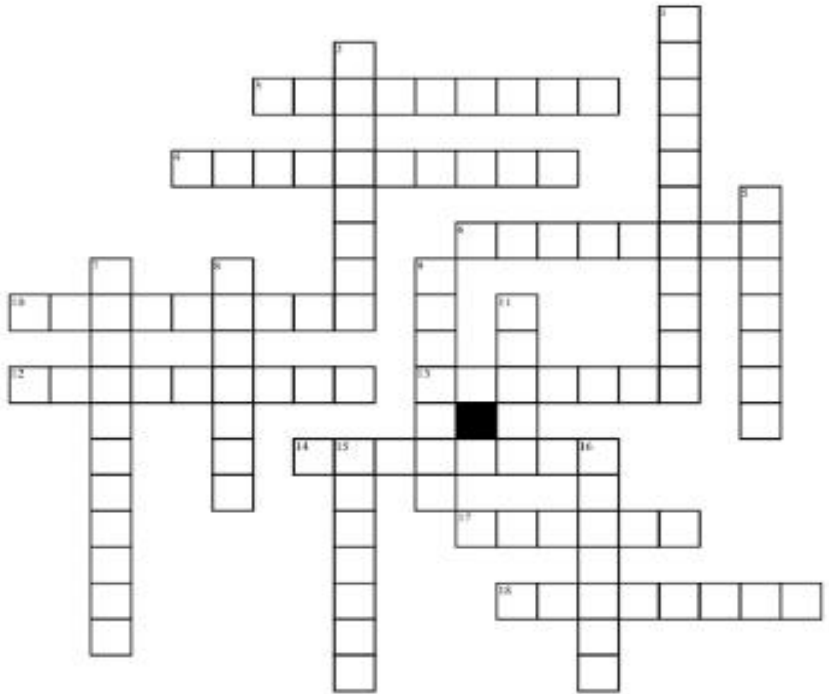
Earth Day

Across

- 3. a community together with its environment (9)
- 4. The air that surrounds us (10)
- 6. grown or raised without chemicals (7)
- 10. to make new or restore (9)
- 12. the exhaust produced by cars (9)
- 13. to make unfit for or harmful to living things (7)
- 14. to keep or maintain (8)
- 17. carelessly discharged paper (6)
- 18. a method of solid waste disposal (8)

Down

- 1. to keep in existence: maintain (11)
- 2. to protect from loss or depletion (8)
- 5. the science of organisms and their environment (7)
- 7. the circumstances or conditions that surround us (11)



- 8. the area or environment in which we live (7)
- 9. a mixture of decaying materials used as fertilizer (7)
- 11. of or pertaining to the sun (5)
- 15. to use again as for another purpose (7)
- 16. no longer living (7)



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